



Winter 2021 COVID-19 Indoor Sport Protocols:

Symptoms

Any coach, player, parent, referee and or spectator who is sick, has a persistent cough, is running a temperature or is displaying any symptoms suggesting that the individual may be ill will be prohibited from participating/attending practice or games. Any coach or league volunteer who sees any adult spectator who displays any of these symptoms will be politely asked to leave. Any participant who is displaying any of these symptoms should be safely removed from practice/game and their parent/guardian should be alerted or contacted, if not present at the practice/game.

Physical Touching

High fives, fist bumps, pats on the back, elbow bumping and other sports related physical touching is prohibited. Our organization always encourages permission-based touching and discourages unwanted touching from both our volunteers and participants. However, we know that children will high five, hug, and initiate a myriad of other potential physical touching despite instruction to avoid that type of contact during this time. We ask all of the adults and volunteers associated with our programs to be vigilant and continue to prevent physical touching for the safety of our participants and their families.

*The only exception applies where physical contact is permissible within the rules of the individual sport. Participants are still encouraged to avoid contact when they can. Coaches should limit physical contact for practice in sports such as football and rugby to the end of practice.

Face Coverings

All unvaccinated coaches are required to wear appropriate face coverings during all practices and games. Vaccinated coaches are encouraged to wear face coverings during practices and games. All participants should wear face coverings except when participating in physical activity associated with their respective sport. It is the responsibility of the participants' parents/guardians to ensure the face covering is properly secured. Volunteer coaches should not adjust or handle participants' face coverings or other personal protective equipment. Any other individuals who assist with the practice/game are required to follow the face coverings and social distancing guidelines as stated above. Spectators are required to follow the face covering rules as outlined by the facility in use. This means that the requirements may vary by location, so Mudsock Youth Athletics recommends always having a face covering with you.



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Practice/Game Equipment

Coaches will continue to bring team balls, cones, goals and other league-provided equipment to facilitate games or practices. The gathering of that equipment should be handled by the coaches and/or league volunteers present. Participants should refrain from handling equipment until an adult has been able to sanitize any league-provided practice/game equipment.

Shared Equipment

For sports that require protective gear or specialty items, it will be the responsibility of the coaches to wipe down any league-provided equipment that will be shared after each participant use. A participant should bring as much of their own equipment that is allowed to minimize the sharing of equipment. Participants should not share their personal equipment or water bottles for any reason.

Social Distancing Enforcement

At indoor locations, there are no spectator limits, but social distancing should still be encouraged. The community is encouraged to contact their league president or Mudsock Youth Athletics staff if an issue arises.

Contact Tracing

Mudsock Youth Athletics will continue to work with the Fishers Health Department when notified of a positive test from a participant or volunteer associated with one of the programs. Families are encouraged to cooperate with the Fishers Health Department's contact tracers if their team is affected by a positive test. Please notify your coach, commissioner or Mudsock Youth Athletics if there is a positive test.

*Proper use of the face coverings and proper observance of social distancing decreases the likelihood of a quarantine when a positive test occurs on a team.